

EXPECTED LENGTH OF TRIP

It is a full day activity. Expect to take 6 to 8 hours:- up to 10 hours for bigger or slower groups.

Make sure you are prepared to spend a night in the canyon, to stay with an injured party member or due to running out of daylight.

Make sure those at home have a realistic time of return and are prepared for the group to be out overnight without unnecessarily calling in emergency services.

There is only patchy mobile coverage once you leave here and no coverage in the canyons.

Know what track you are on and what canyon you are doing

It can take 3 to 4 hours for rescue parties to reach injured people.

