

GEAR REQUIRED

- Carry a PLB to give location if injured or lost. Please only set off if genuine injury or life at risk.
- Map and compass, plus be able to navigate in and out of the canyon. Do not rely on mobile phones for maps as they are of no use when flat or wet.
- Gear needs to be waterproofed in dry bags or a number of sealed garbage bags.
- Head torch, first aid kit and matches.
- Lilo, plus wet-suit or thermals for in the water.
- Warm dry clothing (thermals & woollen jumper or fleece)
- Suitable footwear for both walk in and walking in the water/canyon (good grip)

